

Your lungs help your body breathe.

Your lungs can hold as much air as a basketball.

Air enters your body through your nose and mouth.

Air then travels down your windpipe (trachea), through your bronchial tubes and then into both of your lungs.

When your heart pumps used blood to your lungs, your lungs take the carbon dioxide out of your blood.

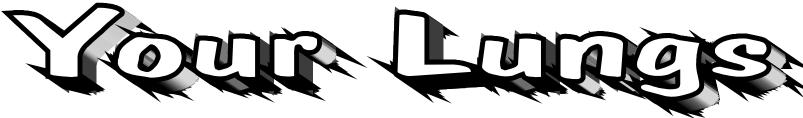
Your lungs give back fresh oxygen to your blood. Then your blood goes back to your heart to work again.

A large, strong, muscle helps your lungs to work. This is called your diaphragm.

Your diaphragm helps your lungs squeeze out the used air.

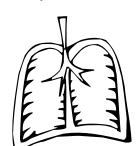
Your lungs act as balloons; filling up with air and letting air out.

Name:	Date:
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Color the lung blue if the statement is true. Color the lung red if the statement is true.



Your lungs help you to breathe in air.

Your lungs take out the carbon dioxide in your blood.



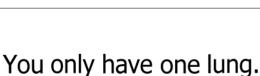
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Your lungs can hold as much air as a baseball.



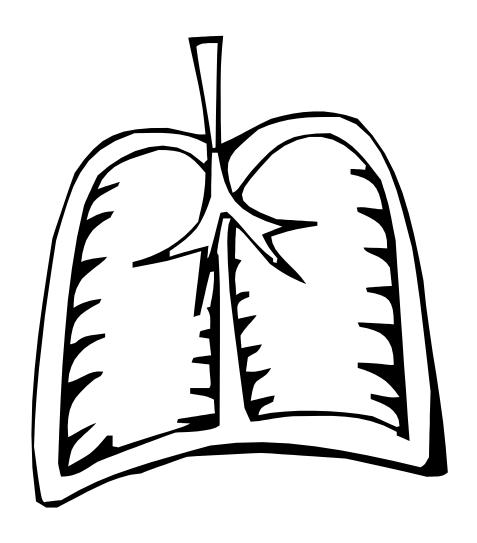
Your diaphragm is a strong muscle that helps squeeze out used air.







## Color your lungs.



Write one fact you learned about your lungs.