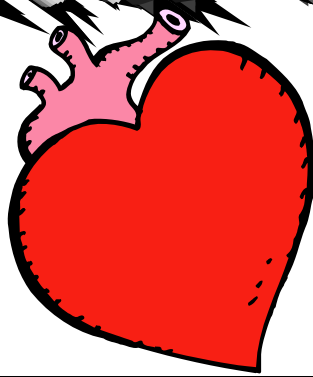


# Facts About Your Heart



Your heart is a strong pump that moves blood through your body.

Your heart is in the center of your chest.

It is about the size of your fist.

Your heart works even when you are sleeping.

Your heart pumps blood that is full of food and oxygen through tubes called arteries.

Your fresh blood cleans your cells.

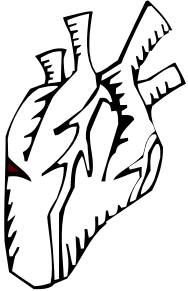
Your blood then moves back to your heart through tubes called veins.

It takes about one minute for your heart to circulate blood around your body.

The beating sound your heart makes is valves opening and closing.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Heart Facts



Color the heart blue if the sentence is **true**.  
Color the **heart red** if the sentence is **false**.

My heart is the size of my fist.

It takes 3 minutes for my heart to pump blood through my body.



My heart is on the right side.

My heart never stops beating.



My heart pumps blood full of oxygen and food through arteries.

Veins carry my blood back to my heart.



# Color your heart



Write three facts you learned about your heart.

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